

APPENDIX C.

Trauma Training Resources							
Training	Audience	Location	Overview	Length	Method Delivered	Cost	CEUS offered
Caregiver Education: Resource Parent Training	Families who have a child/parenting a child that has experienced trauma	http://www.nctsn.org/products/caring-for-children-who-have-experienced-trauma	A workshop for foster, biological, adoptive parents and other caregivers to learn how trauma-informed parenting can support children's safety, permanency, and well-being. Taught by a mental health professional and a parent. MDHHS-MHSCF works with CMH who brings teams, parent/professional.	8 modules (1.5-2 hours each)	in person or Training of Trainers	n/a	no
Center of Social Emotional Foundations for Early Learning (CSEFEL)	Early educators and families	http://csefel.vanderbilt.edu/resources/training_modules.html	These modules were designed based on input gathered during focus groups with program administrators, T/TA providers, early educators, and family members about the types and content of training that would be most useful in addressing the social-emotional needs of young children. The content of the modules is consistent with evidence-based practices identified through a thorough review of the literature.	Infant/toddler modules and preschool modules (4 modules each)	in-person	free for download on website	possibly

APPENDIX C.

<p>Child Welfare Trauma Training Toolkit</p>	<p>Child Welfare Workers</p>	<p>http://learn.nctsn.org/enrol/index.php?id=25</p>	<p>The Child Welfare Trauma Training Toolkit course assists those in the field of child welfare who wish to learn more about child welfare and trauma. The backbone of the course is the newly released second edition of the Child Welfare Trauma Training Toolkit which teaches basic knowledge, skills, and values about working with children who have experienced traumatic stress and who are in the child welfare system.</p>	<p>13 modules</p>	<p>Toolkit to be ordered and training offered in person</p>	<p>Have to be a member of the NCTSN Learning Center</p>	<p>APA Provider #1829 NASW Provider #886476741 NBCC Provider #6647</p>
<p>Critical Incident Stress Management</p>	<p>First Responders</p>	<p>http://www.criticalincidentstress.com/</p>	<p>Critical Incident Stress Management, or CISM, is an intervention protocol developed specifically for dealing with traumatic events. It is a formal, highly structured and professionally recognized process for helping those involved in a critical incident to share their experiences, vent emotions, learn about stress reactions and symptoms and given referral for further help if required. It is a confidential, voluntary and educative process.</p>	<p>varies</p>	<p>in person</p>	<p>n/a although individual /group charges are covered under some insurances (3rd party)</p>	<p>no</p>

APPENDIX C.

Eliminating Barriers for Learning (EB4L)	Secondary school staff (Michigan revised for Elementary teachers)	http://store.samhsa.gov/list/series?name=Eliminating-Barriers-for-Learning	SAMHSA training curriculum that addresses mental health (various diagnosis including PTSD) for school staff	4 modules (approximately 1 hour each)	In person (can be offered as a Training of Trainers)	curriculum is free-training fee for districts is approximately \$500	yes
Lemonade for Life	Home visiting programs		Trauma informed curriculum	Varies depending on audience	In person and/or Training of Trainers	Cost varies	N/A
National Child Traumatic Stress Network Learning Center	Mental health professionals , parents and caregivers, policymakers , and others who work with and care about children and adolescents.	http://learn.nctsn.org/course/index.php?categoryid=3	Webinars and other online courses available (approximately 20)	varies	online	Have to be a member of the NCTSN Learning Center	CEUs are offered for some courses
National Institute for Trauma & Loss in Children	Schools, crisis teams, child and family counselors and private practitioners	https://www.starr.org/training/tlc	Online and onsite courses to enable professionals to help traumatized children and families. Strategies are focused on relieving the fear and terror of the crisis/trauma experience.	Varies with the course.	Online and in-person courses available; also Training of Trainers	Varies	N/A, offers TLC Level 1 and 2 certification, as well as trainer certification
Ounce of Prevention	Home visiting programs		Online learning series for home visitors, includes modules on trauma	Varies with the module	online courses	Approximately \$95 each	N/A
PRIDE	Foster parents/Prospective adoptive parents	Contact local MDHHS offices or foster care agencies for information and registration	Some required for licensure/adoption, rest required as follow up later.	9 sessions total	in person	no cost to attendees	no

APPENDIX C.

Recognizing and Addressing Trauma in Infants, Young Children, and their Families	Early Childhood Mental Health consultants and staff	http://ecmhc.org/tutorials/trauma/index.html	The purpose and overall goal of this tutorial is to help early childhood mental health consultants as well as Early Head Start and Head Start staff understand what is meant by trauma, recognize the developmental context of trauma in early childhood, and extend their own knowledge for intervention through consultation.	30-40 mins	online-5 modules, pre/post	free	unsure
Trauma Focused-Cognitive Behavioral Therapy	Mental health providers		Training for clinicians on trauma focused CBT modality	10 hours	online	free	10 CEU's
Trauma Informed Practice Module, Trauma Informed Self-Assessment for Organizations	Mental health professionals and organizations	www.improvingmipractices.org	Modules are available for viewing/CEUs on the following topics: (1) Trauma Informed Care (L. Beyer, Community Connections); (2) Trauma Self-Assessment for Organizations (R. Fallot, Community Connections); (3) Secondary Traumatic Stress for Organizations and (4) Secondary Traumatic Stress for staff	4 modules	online	free	Yes
Trauma Smart	Head Start/early childhood providers		Model of Trauma Informed practice in Head Start/Early Head Start programs	Varies depending on audience	In person and/or Training of Trainers	Cost varies	N/A
Trauma Stewardship	Human service workers		Website offers books, keynote speakers and workshops	Varies depending on audience	Print materials or in person	Cost varies, book is \$25	N/A

APPENDIX C.

<p>Young Children Trauma & Toxic Stress</p>	<p>Early childhood providers</p>	<p>www.michigan.gov/traumatoxicstress</p>	<p>Self-learning modules & a power point presentation about early brain development, the impact of trauma & strategies for mitigating trauma/toxic stress</p>	<p>Varies with the module, power point is 1-2 hours</p>	<p>Online, materials can be used for in person presentations</p>	<p>Free</p>	<p>N/A</p>
<p>Youth Mental Health First Aid</p>	<p>Broad Audience</p>	<p>http://www.mentalhealthfirstaid.org/courses/take-a-course/course-types/youth/</p>	<p>Focuses on signs and symptoms of suicide prevention but can be a supplemental training to help participants understand the impact of mental health in their setting</p>	<p>8 hours of seat time</p>	<p>in person</p>	<p>\$20 per attendee</p>	<p>8 MI Certification Board for Additional Professionals (MCBAP)</p>