



## Child and Adult Care Food Program September 2018

The Michigan Department of Education (MDE) Child and Adult Care Food Program (CACFP) welcomes you to September 2018! September is the last month of Fiscal Year (FY) 2018 and the last month of the Updated CACFP and Preschool Meal Pattern Transition Year. Have you updated your menu to meet the updated nutrition standards? MDE staff are available to answer any questions you may have.

### New Operational Memoranda

United States Department of Agriculture (USDA) guidance is posted on the MDE CACFP website with previously released MDE Operational Memoranda. The complete list of operational memoranda can be accessed at the [MDE CACFP website](http://www.michigan.gov/cacfp) ([www.michigan.gov/cacfp](http://www.michigan.gov/cacfp)) under Operational Memoranda.

## Time Sensitive Information

### **MEGS+ Application is Open**

The CACFP Michigan Electronic Grants System Plus (MEGS+) Application is open. MEGS+ is accessed through the [Michigan Education Information System](#) (MEIS). The FY 2019 certification due date is **September 30, 2018**. MDE has thirty (30) days to review and respond to submitted applications. If the application certification is not completed and approved by MDE on or before **Friday, November 30, 2018**, the loss of claims, beginning with the October 2018 claim, will occur. If you have any questions related to your MEGS+ application, please contact (email or telephone) your assigned program analyst or call the MDE CACFP office at 517-241-5353. For your reference, the contact information and analyst county assignment sheet is attached to this newsletter.

### **Application and Budget Workshop Training Schedule**

Looking for help with your Fiscal Year (FY) 2019 application and budget? Please check out this great training. The schedule is listed on the [MDE CACFP website](#). Please see below for additional information on MDE CACFP Trainings.

### **NEW! USDA Team Nutrition (TN) CACFP Training Worksheet on Whole Grains!**

USDA's TN initiative announces the release of the "Adding Whole Grains to Your Child and Adult Care Food Program Menu" training worksheet. Use this colorful worksheet to train your staff on whole grain-rich requirements for CACFP. For your convenience, this handout is attached. View and download this worksheet at the [USDA Meal Pattern Training Worksheets webpage](https://www.fns.usda.gov/tn/cacfp-meal-pattern-training-worksheets) (<https://www.fns.usda.gov/tn/cacfp-meal-pattern-training-worksheets>). To view this and other recordings of the CACFP Halftime: Thirty on Thursdays webinar on this topic, visit the [USDA CACFP Halftime Series webpage](https://www.fns.usda.gov/tn/cacfp-halftime-adding-whole-grains-your-menu) (<https://www.fns.usda.gov/tn/cacfp-halftime-adding-whole-grains-your-menu>).

## **USDA CACFP Halftime: Thirty on Thursdays Webinars –Feeding Infants Starting with Solids, September 20, 2018!**

This webinar will focus on how feeding solids to infants in the CACFP. For more information on the *CACFP Halftime: Thirty on Thursdays* webinar series, including previous and upcoming webinar dates and topics, please visit the [USDA CACFP Halftime on Thursdays Training Webinars website](https://www.fns.usda.gov/cacfp-halftime-thirty-thursdays-training-webinar-series) (<https://www.fns.usda.gov/cacfp-halftime-thirty-thursdays-training-webinar-series>).

## **Team Nutrition Resources**

### **USDA TN CACFP Trainers' Circle Webinar Series: Series Starts this September!**

The USDA's TN presents the first webinar of the *CACFP Trainers' Circle: Coaching and Mentoring Using a Peer-to-Peer Model* September 26, 2018, at 2:30p.m.-3:30p.m. EST. This interactive webinar will highlight effective training strategies from Kansas State Department of Education and include resources from the Institute of Child Nutrition (ICN) that you can use to empower your staff to provide high-quality meals and snacks! You can submit questions live and to participate through interactive polls. Registration is available at [CACFP Trainers' Circle webpage](https://cc.readytalk.com/r/fevlnuereq09&eom) (<https://cc.readytalk.com/r/fevlnuereq09&eom>). TN will provide certificates of participation. Webinars will be recorded and posted on [TN's webpage](https://www.fns.usda.gov/tn/webinars-and-training) (<https://www.fns.usda.gov/tn/webinars-and-training>).

### **New Team Nutrition Cooks! Resource for Afterschool Programs Now Available!**

TN has released *Team Nutrition Cooks!* This series of cooking-based nutrition activities for afterschool programs is targeted towards children ages 8 to 12 years old with the goal to spark interest in trying new foods and empowering youth to gain skills for independence. This great resource contains five modules centered around a kid-friendly recipe that can be prepared at an afterschool program site. Each module has an Activity Guide, an accompanying Family Handout and a Skills Video for each recipe. All materials can be viewed and downloaded from the [TN Cooks webpage](https://www.fns.usda.gov/tn/cooks) (<https://www.fns.usda.gov/tn/cooks>). Check this out!

### **TN Back to School Family Night Ideas**

Engage students and their families using TN's [Back to School Resources!](https://www.fns.usda.gov/tn/team-nutrition-back-school-resources) (<https://www.fns.usda.gov/tn/team-nutrition-back-school-resources>). Games, recipes, posters, parent flyers, and more are available. Get inspired!

### **Farm to Child: USDA Planning Guide Available**

Fall is the perfect time to tend to your farm to child program! Are you starting fresh with farm to child care or cultivating new goals for your existing program? Either way, USDA's [Planning Guide](https://fns-prod.azureedge.net/sites/default/files/f2s/FTS-Planning-Guide.pdf) (<https://fns-prod.azureedge.net/sites/default/files/f2s/FTS-Planning-Guide.pdf>) can help you identify team members, map strategies, and set targets for the year ahead. You can also stay up-to-date with the latest farm to child news by subscribing to the USDA's e-letter, [The Dirt](https://www.fns.usda.gov/farmentoschool/e-letter-archive) (<https://www.fns.usda.gov/farmentoschool/e-letter-archive>) to discover what's ripe in farm to child.

## CACFP Training

### Utilize the NEW MDE CACFP Training Videos for Annual CACFP Staff Trainings

MDE announced the release of our first set of training videos in August. Please utilize them in your annual and new employee staff trainings this fall! You can access these colorful, fun, and informative videos on the [MDE CACFP YouTube site](#) and on the [MDE CACFP webpage](#) under the *What's New*, *Training*, and *Resources* headers. Remember to document any CACFP staff training with an agenda and sign in sheet! More videos are in the works for release this fall. Please stay tuned!

### CACFP Trainings

The Fiscal Year 2019 Application Re-Certification training schedule is posted on the [MDE CACFP website](#) under Trainings.

### Institute for Child Nutrition (ICN) Updated Meal Pattern Trainings

MDE and ICN are teaming up to offer additional CACFP Meal Pattern trainings beginning in October. Did you miss one near you last year? Do you want a refresher? Then please sign up to attend one of these upcoming sessions!

**Thursday, October 25, 2018, at the Flint Farmers' Market 300 East First Street, Flint, Michigan 48502**

**Registration link: <https://www.eventbrite.com/e/child-and-adult-care-food-program-refresher-meal-pattern-training-tickets-49334896002>**

**Thursday, November 8, 2018, at the Muskegon Community College, 221 South Quarterline Road, Muskegon, Michigan 49442**

**Registration link: <https://www.eventbrite.com/e/child-and-adult-care-food-program-refresher-meal-pattern-training-tickets-37072710475>**

**Tuesday, December 11, 2018, Shiawassee RESD, 1025 North Shiawassee Street, Corunna Michigan 48817**

**Registration link: <https://www.eventbrite.com/e/child-and-adult-care-food-program-refresher-meal-pattern-training-tickets-49351984113>**

## Program Expansion Opportunities

### Looking to Expand? Consider At-risk Afterschool Programs! Feed the Whole Child the Whole Year!

The At-Risk Afterschool Meals component of the CACFP offers Federal funding to Afterschool Programs that serve a meal or snack to children in low-income areas. Organizations may participate in the At-Risk Afterschool Meals component of CACFP either as an independent afterschool program or through a sponsor. To be eligible, you must meet State and/or local licensing or health and safety standards, and meet organizational and area eligibility requirements, and provide educational or enrichment activities that are open to all children in an organized, structured, and supervised environment. Think you qualify? Call us and find out! 517-241-5353!

### **Family Day Care Home Sponsor Expansion Opportunities in CACFP!**

The MDE CACFP is looking for eligible organizations to provide oversight and guidance to family day care home providers by becoming a Family Day Care Home (FDCH) Sponsor. All family or group day care homes must come into the program under a sponsoring organization.

Financial assistance is available to a sponsoring organization for its administrative expenses associated with developing or expanding a food service program in family day care homes and initiating successful program operations. Contact the CACFP Office at 517-241-5353 with any questions.

*Goal number 4 of Michigan's Top 10 in 10 is to reduce the effect of high-risk factors, provide useful/valuable tools to meet the needs of all students and to ensure that they have access to quality education. The goal of the CACFP is to improve and maintain the health and nutritional status of children in care while promoting the development of good eating habits. CACFP supports the whole-child approach to learning.*

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