



## Child and Adult Care Food Program October 2018

The Michigan Department of Education (MDE) Child and Adult Care Food Program (CACFP) welcomes you to October 2018! Welcome to Fiscal Year (FY) 2019! The Transition Year for the Updated CACFP Meal Pattern ends September 30, 2018. If you or anyone on your staff needs additional training on the meal pattern requirements, see the training section below for meal pattern trainings available regionally. As always, MDE staff is available to answer any questions. Please contact your analyst directly or call our office at 517-241-5353.

### **New Operational Memoranda**

United States Department of Agriculture (USDA) guidance is posted on the MDE CACFP website with previously released MDE Operational Memoranda. The complete list of operational memoranda can be accessed at the [MDE CACFP website](http://www.michigan.gov/cacfp) ([www.michigan.gov/cacfp](http://www.michigan.gov/cacfp)) under Operational Memoranda.

### **Time Sensitive Information**

#### **USDA CACFP Halftime: Thirty on Thursdays Webinars –Identifying Whole-Grain Rich Foods Using the Ingredient List, October 18, 2018!**

This webinar will focus on how to identify whole-grain rich foods using the product's ingredient list. For more information on the *CACFP Halftime: Thirty on Thursdays* webinar series, including previous and upcoming webinar dates and topics, please visit the [USDA CACFP Halftime on Thursdays Training Webinars website](https://www.fns.usda.gov/cacfp-halftime-thirty-thursdays-training-webinar-series) (<https://www.fns.usda.gov/cacfp-halftime-thirty-thursdays-training-webinar-series>).

### **Key Information to Know**

#### **CACFP and Preschool Meal Pattern: Transition Year Completed**

As mentioned in the introduction above, the CACFP and School Meal Program's infant and preschool meal patterns Transition Year for technical assistance related to the updated meal pattern violations has ended. Per regulation, non-compliance with meal pattern requirements may result in meals being disallowed and possible recoupment of reimbursement. All child nutrition program operators must demonstrate they are serving meals that meet meal pattern requirements through recordkeeping documents such as menus, invoices, receipts, and product documentation. Meals/snacks missing required meal pattern components or containing non-creditable food items will be disallowed. In the CACFP, failure to serve one whole grain rich (WGR) item per day will result in disallowance of the meal/snack with the lowest meal reimbursement served that day. Please contact your assigned analyst or contact MDE's office at 517-241-5353 with any questions. The Updated Meal Pattern Checklist is attached to this newsletter for your convenience.

#### **Community Eligibility (CEP) and the CACFP**

School districts that are Community Eligibility Provision (CEP) approved in their NSLP (National School Lunch Program) applications often participate in CACFP. MDE often receives questions about how CEP applies to CACFP programs. The quick answer is that CEP eligibility status does not apply to the CACFP when determining a child's meal reimbursement category (A/Paid, B Reduced, C/Paid).

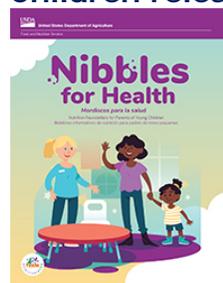
If you are a CEP school district participating in CACFP for a Great Start to Readiness Program (GSRP) preschool, then the Household Income Eligibility Statements (HIES) are to be collected to establish the appropriate meal reimbursement category for each enrolled child. If the preschool is Head Start, however, then all children are automatically eligible for Category A/Free meal reimbursement.

### **Direct Certification and the CACFP**

Schools may use their direct certification list to determine a child's meal reimbursement category. For instance, if any member of the preschooler's household is receiving FAP or FIP benefits, or appears on the Direct Certification list, all members of the household qualify for Category A/Free meal reimbursement status.

## **Team Nutrition (TN) Resources**

### **USDA TN CACFP Nibbles for Health: Nutrition Newsletters for Parents of Young Children released!**



An exciting and colorful collection of newsletters is now available to help CACFP providers talk with parents of young children about nutrition. The newly designed *Nibbles for Health* newsletters share information about the CACFP meal patterns and provides tips for families to promote healthy eating at home. The 12 newsletters, available in English and Spanish, include topics such as fruits, vegetables, healthy celebrations, and much more. Available for download and distribution: [Nibbles for Health](https://www.fns.usda.gov/tn/nibbles) (<https://www.fns.usda.gov/tn/nibbles>). Printed copies of the resources will be available later this fall.

### **TN Black Bean Patty Recipe**



Looking for vegetarian options besides commercial soy derived alternative protein products? The USDA has released a black bean patty recipe that is highly rated and can be adapted for lacto-ovo vegetarians (consume dairy and egg). This recipe, when legumes are credited as a meat alternate, provides 1-ounce meat alternate! If the legumes are credited as a vegetable, it provides 3/8 cup vegetable. The recipe is scaled for 25-50 servings or 50-100 servings. You can find this recipe, along with others, on the [Team Nutrition website](#) and at [What's Cooking? USDA Mixing Bowl](#).

## **CACFP Training Opportunities**

### **Utilize the NEW MDE CACFP Training Videos for Annual CACFP Staff Trainings**

MDE announced the release of our first set of training videos in August. Please utilize them in your annual and new employee staff trainings this fall! You can access these colorful, fun, and informative videos on the [MDE CACFP YouTube site](#) and on the [MDE CACFP webpage](#) under the **What's New, Training**, and **Resources** headers. Remember to document any CACFP staff training with an agenda and sign in sheet! More videos are in the works for release this fall. Please stay tuned!

### **CACFP Trainings**

The Fiscal Year 2019 Application Re-Certification training schedule is posted on the [MDE CACFP website](#) under Trainings.

## **Institute for Child Nutrition (ICN) Updated Meal Pattern Trainings**

MDE and ICN are teaming up to offer additional CACFP Meal Pattern trainings beginning in October. Did you miss one near you last year? Do you want a refresher? Then please sign up to attend one of these upcoming sessions!

**Thursday, October 25, 2018, at the Flint Farmers' Market 300 East First Street, Flint, Michigan 48502**

**Registration link: <https://www.eventbrite.com/e/child-and-adult-care-food-program-refresher-meal-pattern-training-tickets-49334896002>**

**Thursday, November 8, 2018, at the Muskegon Community College, 221 South Quarterline Road, Muskegon, Michigan 49442**

**Registration link: <https://www.eventbrite.com/e/child-and-adult-care-food-program-refresher-meal-pattern-training-tickets-37072710475>**

**Tuesday, December 11, 2018, Shiawassee RESD, 1025 North Shiawassee Street, Corunna Michigan 48817**

**Registration link: <https://www.eventbrite.com/e/child-and-adult-care-food-program-refresher-meal-pattern-training-tickets-49351984113>**

## **Program Expansion Opportunities**

### **Looking to Expand? Consider At-risk Afterschool Programs! Feed the Whole Child the Whole Year!**

The At-Risk Afterschool Meals component of the CACFP offers Federal funding to Afterschool Programs that serve a meal or snack to children in low-income areas. Organizations may participate in the At-Risk Afterschool Meals component of CACFP either as an independent afterschool program or through a sponsor. To be eligible, you must meet State and/or local licensing or health and safety standards, and meet organizational and area eligibility requirements, and provide educational or enrichment activities that are open to all children in an organized, structured, and supervised environment. Think you qualify? Call us and find out! 517-241-5353!

### **Family Day Care Home Sponsor Expansion Opportunities in CACFP!**

The MDE CACFP is looking for eligible organizations to provide oversight and guidance to family day care home providers by becoming a Family Day Care Home (FDCH) Sponsor. All family or group day care homes must come into the program under a sponsoring organization.

Financial assistance is available to a sponsoring organization for its administrative expenses associated with developing or expanding a food service program in family day care homes and initiating successful program operations. Contact the CACFP Office at 517-241-5353 with any questions.

*Goal number 4 of Michigan's Top 10 in 10 is to reduce the effect of high-risk factors, provide useful/valuable tools to meet the needs of all students and to ensure that they have access to quality education. The goal of the CACFP is to improve and maintain the health and nutritional status of children in care while promoting the development of good eating habits. CACFP supports the whole-child approach to learning.*

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