



## Child and Adult Care Food Program January 2019

The Michigan Department of Education (MDE) Child and Adult Care Food Program (CACFP) welcomes you to a new year! Resolve to make this year your best year yet!

### New Operational Memoranda

United States Department of Agriculture (USDA) guidance is posted on the MDE CACFP website with previously released MDE Operational Memoranda. The complete list of operational memoranda can be accessed at the [MDE CACFP website](http://www.michigan.gov/cacfp) ([www.michigan.gov/cacfp](http://www.michigan.gov/cacfp)) under Operational Memoranda.

### ***SP 09-2019, CACFP 03-2019, SFSP 03-2019 Lapse in FY2019 Appropriations and Impacts for the Department of Agriculture's Food and Nutrition Service (FNS) Child Nutrition Programs***

The USDA released this memorandum notifying state agencies funding has been provided for Child Nutrition Programs which includes the National School Lunch Program (NSLP), the School Breakfast Program (SBP), the Special Milk Program, the Child and Adult Care Food Program (CACFP) and the Summer Food Service Program (SFSP) at least through January. State agencies (MDE) are to continue to administer the programs in accordance with Federal statutes and regulations. MDE will notify institutions regarding any updates.

### ***SP 10-2019, CACFP 04-2019, SFSP 04-2019 Update on Funds Available for the Department of Agriculture's Food and Nutrition Service, Child Nutrition Programs***

The USDA released this memorandum to provide an update regarding concerns about continued program funding. With additional available appropriated funding from FNS, along with funds previously provided, program operations should be able to operate at normal levels well into the month of March.

### Key Information to Know

#### **Final Rule Child Nutrition Programs: Flexibilities for Milk, Whole Grains, and Sodium Requirements**

The final rule *Child Nutrition Programs: Flexibilities for Milk, Whole Grains, and Sodium Requirements* (FNS-2017-0021), increases menu planning flexibility in the NSLP, SBP, and other Federal child nutrition programs effective School Year 2019-2020. **The rule is effective February 11, 2019.** The Rule:

- Provides the option to offer flavored, low-fat milk to children participating in the school meal programs, and to participants ages six and older in the Special Milk Program for Children and the CACFP
- Requires that half of the weekly grains in the NSLP and SBP menu be whole grain-rich
- Provides more time to reduce sodium levels in school meals

The rule is available on the [Food and Nutrition Services \(FNS\) website](http://www.fns.gov).

With the passage of this Final Rule, CACFP institutions and sponsors may serve either flavored or unflavored non-fat (skim) or low-fat (1%) milk only to children age 6 and over. Please note: Children age 1 year are to only be served unflavored, whole milk. Children age 2 through age 5 years are to be served only unflavored non-fat (skim) or low-fat (1%) milk.

## Resources

### **Join the Team Nutrition (TN) CACFP Organization Network**

Sponsoring organizations and independent child care centers currently participating in the CACFP are invited to join the **Team Nutrition CACFP Organizations Network**. CACFP organizations now have their own opportunities for receiving resources, idea-sharing, and more, via the Team Nutrition CACFP Organizations Network. Joining the Team Nutrition CACFP Organizations Network is free and easy! CACFP's sponsors and independent centers can enroll now online via <https://www.fns.usda.gov/tn-cacfp>. Sign up today!

### **USDA CACFP Halftime: Thirty on Thursdays Webinars Resume January 17, 2019!**

The next USDA CACFP Halftime Webinar is about ***Identifying Whole Grain-rich Foods in the CACFP, part 2***. Join us on January 17, 2019, (English: 2:00-2:30 PM ET, Spanish: 3:00-3:30 PM ET). Visit the [USDA CACFP Halftime on Thursdays Training Webinars website](#) to view information on registration and to see information on new topics for 2019! You can also view archived versions of previous webinars in both English and Spanish.

### **TN Adding Whole Grains to your CACFP Menu Training Worksheet**

This new training handout is perfectly timed to correspond with the CACFP Halftime webinar! Whole grain-rich foods are an important part of your menu in the CACFP. Foods that are whole grain-rich are filled with vitamins, minerals, fiber, and other nutrients that help kids and adults stay healthy. Check out the ***Adding Whole Grains to your CACFP Menu*** training worksheet for information related to meal pattern requirements and some ways to serve whole grain rich foods at meals and snack time. Download the [English](#) and [Spanish](#) training worksheets or request printed copies [Team Nutrition Publications](#). Copies of both worksheets are attached.

### **TN Serving School Meals to Preschoolers Worksheet**

Team Nutrition initiative released of the *"Serving School Meals to Preschoolers"* training worksheet. School Meals Programs can use this colorful four-page worksheet to plan and prepare menus that meet preschool meal patterns in the SBP and NSLP. This resource also includes information regarding co-mingling of preschool students and students from older grade groups, as well as scenario-based questions to test for knowledge and understanding. All materials are currently available in English online at [the USDA FNS Team Nutrition Serving School Meals to Preschoolers webpage](#). Team Nutrition will announce the availability of Spanish and printed versions later. The worksheet is attached.

### **TN Nibbles for Health Newsletters**

Download the 12 [Nibbles for Health newsletters](#) to share with parents of preschool-age children about popular topics such as *Portions for Preschoolers*, *Tips for a "Choosy" Eater*, *Healthy Snacks with Smiles*, and more.

## **Michigan State University Center for Regional Food System [Local Food for Little Eaters: A Migrant & Seasonal Head Start Guide to Local Food Purchasing](#)**

The MSU Center for Regional Food Systems released a new resource titled, [Local Food for Little Eaters: A Migrant & Seasonal Head Start Guide to Local Food Purchasing](#), as well as [profiles](#) of successful farm to Migrant & Seasonal Head Start (MSHS) programs.

This guide gives step-by-step instructions and interactive tools MSHS programs can use to purchase and use more local foods. The companion piece, [Farm to Migrant and Seasonal Head Start in Action](#), highlights Migrant & Seasonal Head Start programs that, through local foods, are reflecting and celebrating the cultures of children and families they engage. Explore these tools at [Local Food for Little Eaters: A Migrant & Seasonal Head Start Guide to Local Food Purchasing](#) [Farm to Migrant and Seasonal Head Start in Action](#). For more information, contact Meagan Shedd [mshedd@msu.edu](mailto:mshedd@msu.edu).

## **CACFP Training Opportunities and Conferences**

### **Institute for Child Nutrition (ICN) Updated Meal Pattern Trainings**

MDE and ICN are teaming up to offer additional CACFP Meal Pattern trainings that began in October. Did you miss one near you last year? Do you want a refresher? Then please sign up to attend one of these upcoming sessions!

**The CACFP training instructors request that if you register to attend an in-person recordkeeping training and find you are unable to attend, you should use the cancellation instructions to cancel your ticket. This will allow other participants to attend the in-person regional trainings.**

**Tuesday, February 12, 2019**, at the Holiday Inn Jackson NW-Airport Road, 2696 Bob McClain Drive, Jackson, Michigan 49202

Registration link: <https://www.eventbrite.com/e/child-and-adult-care-food-program-refresher-meal-pattern-training-tickets-49742720817>

**Wednesday, March 13, 2019**, at the Lake Michigan College, 2755 East Napier Avenue, Benton Harbor, Michigan 49022

Registration link: <https://www.eventbrite.com/e/child-and-adult-care-food-program-refresher-meal-pattern-training-tickets-50412664637>

**Tuesday, April 16, 2019**, at Lake Superior State University, 650 West Easterday Avenue, Sault Ste. Marie, Michigan 49783

Registration link: <https://www.eventbrite.com/e/child-and-adult-care-food-program-refresher-meal-pattern-training-tickets-50448540944>

**Wednesday, May 1, 2019**, at the Marquette-Alger RESA, 321 East Ohio Street, Marquette, Michigan 49855

Registration link: <https://www.eventbrite.com/e/child-and-adult-care-food-program-refresher-meal-pattern-training-tickets-50914333141>

**Tuesday, August 13, 2019**, Haworth Inn and Convention Center, 225 College Avenue, Holland, Michigan 49423

Registration link: <https://www.eventbrite.com/e/child-and-adult-care-food-program-refresher-meal-pattern-training-tickets-50483802412>

**Tuesday, September 24, 2019**, Blue Water Convention Center, 800 Harker Street, Port Huron, Michigan 48060

Registration link: <https://www.eventbrite.com/e/child-and-adult-care-food-program-refresher-meal-pattern-training-tickets-50485881631>

## **Utilize the NEW MDE CACFP Training Videos for Annual CACFP Staff Trainings**

MDE announced the release of our first set of training videos in August. Please utilize them in your annual and new employee staff trainings! You can access these colorful, fun, and informative videos on the [MDE CACFP YouTube site](#) and on the [MDE CACFP webpage](#) under the **What's New**, **Training**, and **Resources** headers. Remember to document any CACFP staff training with an agenda and sign-in sheet!

## **Child Nutrition Conference: April 23-25, 2019, Chicago, Illinois**

The National CACFP Sponsors Association's 33<sup>rd</sup> annual conference is a three-day professional education event offering over 130 hours of presentations featuring topics including nutrition, program operations, administration, and financial management of CACFP and SFSP food programs, resources and technology, case studies, train the trainer sessions, and management solutions. For more information and to register, visit the conference [National CACFP Sponsor Association's web page](#).

## **Program Expansion Opportunities**

### **Looking to Expand? Consider At-risk Afterschool Programs! Feed the Whole Child the Whole Year!**

The At-Risk Afterschool Meals component of the CACFP offers Federal funding to Afterschool Programs that serve a meal or snack to children in low-income areas. Organizations may participate in the At-Risk Afterschool Meals component of CACFP either as an independent afterschool program or through a sponsor. To be eligible, you must meet State and/or local licensing or health and safety standards, and meet organizational and area eligibility requirements, and provide educational or enrichment activities that are open to all children in an organized, structured, and supervised environment. Think you qualify? Call us and find out! 517-241-5353!

### **Family Day Care Home Sponsor Expansion Opportunities in CACFP!**

The MDE CACFP is looking for eligible organizations to provide oversight and guidance to family day care home providers by becoming a Family Day Care Home (FDCH) Sponsor. All family or group day care homes must come into the program under a sponsoring organization.

Financial assistance is available to a sponsoring organization for its administrative expenses associated with developing or expanding a food service program in family day care homes and initiating successful program operations. Contact the CACFP Office at 517-241-5353 with any questions.

*Goal number 4 of Michigan's Top 10 in 10 is to reduce the effect of high-risk factors, provide useful/valuable tools to meet the needs of all students and to ensure that they have access to quality education. The goal of the CACFP is to improve and maintain the health and nutritional status of children in care while promoting the development of good eating habits. CACFP supports the whole-child approach to learning.*

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