



Child and Adult Care Food Program August 2018

The Michigan Department of Education (MDE) Child and Adult Care Food Program (CACFP) welcomes you to August 2018! August is the "Sunday of Summer" – which means soon children will be back to school and the lazy hazy days of summer will fade away into fall. Are you ready for cooler temps and fall activities?

New Operational Memoranda

United States Department of Agriculture (USDA) guidance is posted on the MDE CACFP website with previously released MDE Operational Memoranda. The complete list of operational memoranda can be accessed at the [MDE CACFP website](http://www.michigan.gov/cacfp) (www.michigan.gov/cacfp) under Operational Memoranda.

Memo 8-2018 (FDCH 7-2018): New Reimbursement Rates – Effective July 1, 2018

This operational memo provides the new reimbursement rates for centers (and homes) which took effect July 1, 2018. The July claim for reimbursement will reflect these rates.

Memo 9-2018: Fiscal Year (FY) 2019 CACFP Application Certification

This operational memo notifies all institutions participating in the CACFP are to initiate a certification for their FY 2019 application for continued participation. The certification process must be completed through the Michigan Electronic Grants System Plus (MEGS+). See the attached memo for additional information.

Memo 10-2018: Fiscal Year (FY) 2019 CACFP Trainings - Registration Process for Application Re-certification Trainings

This operational memo provides information on the five (5) CACFP Application and Budget Worksheet workshop trainings. These trainings are free and open to independent centers and sponsors of centers re-applying to the CACFP. See the attached memo for registration information.

What's New

The CACFP Michigan Electronic Grants System Plus (MEGS+) Application is now open. MEGS+ may be accessed through the [Michigan Education Information System \(MEIS\)](#). The due date for the FY 2019 certification is September 30, 2018. Per CACFP regulations, MDE has thirty (30) days to review and respond to applications. If the application certification is not complete, correct, and approved by MDE on or before Friday, November 30, 2018, it will result in the loss of claims beginning with the October 2018 claim. If you have any questions related to your MEGS+ application, please contact (email or telephone) your assigned program analyst or call the MDE CACFP office at 517-241-5353. A CACFP staff member will be happy to assist you.

Updated CACFP & Preschool Meal Pattern Transition Year – Ending September 30, 2018

Has your center/home made changes to your menus to incorporate the new meal pattern? CACFP Operational Memo 13 – FY 2017 *Transition Period for the Updated Child and Adult Care Food Program Meal Patterns and the Updated National School Lunch Program and School Breakfast Program Infant and Preschool Meal Patterns* acknowledged implementing the new CACFP meal pattern would present challenges to CACFP institutions and sponsors and outlined a transition period to allow time for additional training and technical assistance to occur with no fiscal action taken if an area of non-compliance was found pertaining to the updated meal pattern requirements. The transition period ends September 30, 2018. After this time, fiscal action may be taken for non-compliance with the updated meal patterns that took effect October 1, 2018.

Do not lose reimbursement! Act to ensure your menus and recordkeeping comply with the update meal patterns by asking questions and signing up for trainings. MDE will be offering additional trainings throughout FY 2019. If you are still uncertain about any aspect of the updated CACFP and Preschool meal patterns, please contact your assigned analyst and/or contact the MDE CACFP or School Nutrition Office for technical assistance. Take advantage of upcoming in-person trainings and United States Department of Agriculture (USDA) technical assistance resources found on the [USDA CACFP website](#) and the [Team Nutrition website](#).

Recent Research: CACFP has a Positive Impact on Children!

Child care centers that participate in CACFP have multiple nutritional advantages for preschool children, including positive feeding practices and the provision of healthy foods, according to research in the [Journal of Nutrition Education and Behavior](#).

In a [Preventive Medicine](#) study, child care centers participating in the CACFP had higher-quality nutrition and physical activity environments than non-participating centers.

Thirty on Thursday Webinars

USDA CACFP Halftime: Thirty on Thursdays Webinars – How to Support Breastfeeding in the CACFP, August 16, 2018!

This webinar will focus on how breastmilk can credit towards reimbursable meals and snacks in the CACFP. The webinar will also discuss best practices and ways to communicate with families about this topic.

USDA CACFP Halftime: Thirty on Thursdays Webinars –Feeding Infants Starting With Solids, September 20, 2018!

This webinar will focus on how feeding solids to infants in the CACFP. More information coming soon!

For more information on the *CACFP Halftime: Thirty on Thursdays* webinar series, including previous and upcoming webinar dates and topics, please visit the [USDA CACFP Halftime on Thursdays Training Webinars website](#).

Resources

Utilize the NEW MDE CACFP Training Videos for Annual CACFP Staff Trainings

MDE announced the release of our first set of training videos last month. Please check them out and utilize them in your annual and new employee staff trainings this fall! You can access these colorful, fun and informative videos on the [MDE CACFP YouTube site](#).

The videos are also available on the [MDE CACFP webpage](#) under the What's New, Training, and Resources headers. Remember to document any CACFP staff training with an agenda and sign in sheet! More videos are in the works for release this fall. Stay tuned!

USDA Standardized Recipes for Child Care:



Sometimes you must get back to basics. Have you tried an easy chicken and egg noodle soup? Chicken soup is the bomb and it is a great way to use up leftover chicken! This recipe is perfect for late summer as the temperature starts to drop! Scaled for CACFP, this fun salad packs in a lot of nutrition and tastes great! Check out this great recipe on the [USDA's Mixing Bowl website](#).

Hungry for more? Discover more recipes for use in child nutrition programs at the [Team Nutrition website](#) and the [What's Cooking? USDA Mixing Bowl](#).

CACFP Trainings

The Fiscal Year 2018 Recordkeeping training schedule is posted on the [MDE CACFP website](#) under Trainings.

Application and Budget Workshop Training Schedule

Looking for help with your Fiscal Year (FY) 2019 application and budget? Please check out this great training. The schedule is listed on the [MDE CACFP website](#).

Program Expansion Opportunities

Looking to Expand? Consider At-risk Afterschool Programs! Feed the Whole Child the Whole Year!

The At-Risk Afterschool Meals component of the CACFP offers Federal funding to Afterschool Programs that serve a meal or snack to children in low-income areas. Organizations may participate in the At-Risk Afterschool Meals component of CACFP either as an independent afterschool program or through a sponsor. To be eligible, you must meet State and/or local licensing or health and safety standards and meet organizational and area eligibility requirements and provide educational or enrichment activities that are open to all children in an organized, structured, and supervised environment. Think you qualify? Call us and find out! 517-241-5353!

Family Day Care Home Sponsor Expansion Opportunities in CACFP!

The MDE CACFP is looking for eligible organizations to provide oversight and guidance to family day care home providers by becoming a Family Day Care Home (FDCH) Sponsor. Sponsoring organizations play a critical role in supporting home day care providers and centers through training, technical assistance, and monitoring. All family or group day care homes must come into the program under a sponsoring organization.

Financial assistance is available to a sponsoring organization for its administrative expenses associated with developing or expanding a food service program in family day care homes and initiating successful program operations. Contact the CACFP Office at 517-241-5353 with any questions.

Goal number 4 of Michigan's Top 10 in 10 is to reduce the effect of high-risk factors, provide useful/valuable tools to meet the needs of all students and to ensure that they have access to quality education. The goal of the CACFP is to improve and maintain the health and nutritional status of children in care while promoting the development of good eating habits. CACFP supports the whole-child approach to learning.

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