



Child and Adult Care Food Program April 2019

The Michigan Department of Education (MDE) Child and Adult Care Food Program (CACFP) welcomes you to Spring! Spring flowers, April showers, and mud puddles galore! Spring brings regrowth and the hint of local, seasonal fruits and veggies!

New Operational Memoranda

United States Department of Agriculture (USDA) guidance is posted on the MDE CACFP website with previously released MDE Operational Memoranda. The complete list of operational memoranda can be accessed at the [MDE CACFP website](http://www.michigan.gov/cacfp) (www.michigan.gov/cacfp) under Operational Memoranda.

Non-Dairy Beverage Update #2: Original Silk Soy is Creditable

MDE has been notified by Danone, the manufacturers of Silk Original Soy Milk, that Silk Original does meet the nutrient standards for fluid milk substitution in child nutrition programs. Due to new Food and Drug Administration (FDA) labeling requirements, Danone must round down when listing nutrients on the Nutrition Facts labels to meet current labeling requirements. Manufacturer documentation was submitted to MDE and to the USDA that the non-dairy beverage does meet the nutrient requirements for substitution of fluid cow's milk.

For a participant who cannot consume fluid milk due to medical or other special dietary needs for other than a disability, non-dairy beverages that meet the nutrient requirements may be served in substitution of fluid milk at the discretion of the provider. Participants or their family may request in writing a substitute based on religion or personal preference. It is up to the institution, sponsor and/or family day care home provider to determine if the non-dairy beverage meets the nutrition standards and if they will make the accommodation. Non-dairy beverages that do not meet the requirements cannot be part of a reimbursable meal. Contact your analyst or Melissa Lonsberry, Consultant, at lonsberrym@michigan.gov with any questions related to special dietary accommodations.

Water – Key to Hydration but not a Fluid Milk Replacement

Hydration is important for everyone, but especially so for our littles and our seniors. USDA regulations require children be offered water throughout the day (7 CFR 226.25(i); [CACFP 08-2017](#); [CACFP 23-2016](#)). For seniors and disabled adults in adult care, offering water throughout the day is a best practice, but is not required. Licensing also requires water to be served for children in care. Licensed child care centers and homes are to follow the CACFP meal patterns (R 400.8335(1) centers) and make drinking water available to children in their care ([LARA-Center_TA and Consultation_Manual](#), R 400.8330(6) centers; R 400.1931(3) family child care homes)

Fluid milk is required for breakfast, lunch, and supper. It is an option as one of the two required meal pattern components of a snack. Water is recommended to be served at snack if the snack consists of two solids, such as apple slices and vanilla yogurt. While it is important for overall health, water is not a reimbursable meal pattern component and is not to take the place of fluid milk as part of a reimbursable meal or snack.

Serving Water at Meals: Clarification

While providers are to offer water throughout the day, water is not to replace milk at breakfast, lunch, or supper. USDA Guidance and Licensing do not require water to be served at meal time, nor is it required to be on the table if dining family-style. Children's stomachs are small and can fill up quickly. Offer water throughout the day but serve milk at meals. If a child requests water during meals, serve the water in a separate cup than the cup provided for milk. Meals that do not have all required components are not reimbursable and meals missing meal pattern components will be disallowed. Costs for cups are an allowable non-food cost, so use two as necessary.

At-Risk Afterschool: Enrichment, Supper and/or Snack – Explore the Possibilities!

Many Michigan school districts and care centers experienced a record number of snow days due to the harsh Polar Vortex. Unfortunately, many children experience hunger on snow days as they receive most of their nutrition while at school or in care. Many school districts opened on snow days to offer enrichment and nutrition to their students. At-risk after school programs can run on snow days, school holidays, weekends during school holidays and after school on half days. Contact your CACFP analyst or call MDE CACFP at 517-241-5353 to see if participating in the CACFP will work for you. Help reduce hunger in your neighborhood. Participate in the CACFP at-risk afterschool program. For more information, contact CACFP at 517-241-5353.

Resources

“Feeding Infants in the Child and Adult Care Food Program” Now Available!

The USDA's Team Nutrition initiative is excited to announce the release of *Feeding Infants in the Child and Adult Care Food Program*.

This guide supports Child and Adult Care Food Program (CACFP) operators in implementing the CACFP infant meal pattern requirements and best practices for infant feeding, including information on:

- CACFP infant meal pattern,
- developmental readiness for solid foods,
- hunger and fullness signs,
- handling and storing breastmilk and infant formula,
- creditable foods, and more!

State agencies can share this resource with CACFP sponsoring organizations and other CACFP operators. [Feeding Infants in the Child and Adult Care Food Program](#) is currently available in English. Spanish and print versions will be made available later.

Crediting Cheese: A Reminder

Wisconsin CACFP issued this great visual tool after the meal pattern update. It is great to use when planning your menus to make sure you are purchasing the correct type of cheese for your meals and snacks. Remember cheese food and cheese spread is not allowable for infants. Imitation cheese and cheese products are not allowable for any meal pattern. Cheese sauces need to have a product formulation statement or a Child Nutrition Label to ensure enough meat alternate is being served to meet the meal pattern.

Now Available – the Food Buying Guide (FBG) Calculator on the FBG Mobile App

The USDA has released the Food Buying Guide (FBG) Calculator as a feature on the FBG Mobile App. The FBG Calculator is designed to assist Child Nutrition Program operators in creating a shopping list to streamline food ordering needs for their programs. Currently, the FBG Calculator is included with the Food Buying Guide for Child Nutrition Programs Interactive Web-Based Tool. With this new release on the FBG Mobile App, program operators can now create and use their shopping list on-the-go! The [FBG Mobile App](#) is currently available on the Apple App Store and the Google Play Store.

Start Simple with MyPlate

USDA has announced a new campaign called [Start Simple with MyPlate](#) to simplify the nutrition information that surrounds us each day. Visit [Start Simple Website](#) to get started with tips on the MyPlate food groups. The [MyPlate Plan web app](#) shows your food group targets – what and how much to eat within your calorie allowance. Your food plan is personalized, based on your age, sex, height, weight, and physical activity level. The MyPlate Plan is also available in [Spanish](#).

CACFP Training Opportunities and Conferences

Institute for Child Nutrition (ICN) Updated Meal Pattern Trainings

MDE and ICN are teaming up to offer additional CACFP Meal Pattern trainings that began in October. Did you miss one near you last year? Do you want a refresher? Then please sign up to attend one of the upcoming sessions!

The CACFP training instructors request that if you register to attend an in-person recordkeeping training and find you are unable to attend, you should use the cancellation instructions to cancel your ticket. This will allow other participants to attend the in-person regional trainings.

Tuesday, April 16, 2019, at Lake Superior State University, 650 West Easterday Avenue, Sault Ste. Marie, Michigan 49783

Registration link: <https://www.eventbrite.com/e/child-and-adult-care-food-program-refresher-meal-pattern-training-tickets-50448540944>

Wednesday, May 1, 2019, Marquette-Alger RESA, 321 East Ohio Street, Marquette, Michigan 49855

Registration link: <https://www.eventbrite.com/e/child-and-adult-care-food-program-refresher-meal-pattern-training-tickets-50914333141>

Tuesday, August 13, 2019, Davenport University-Holland, MI Campus, 643 South Waverly Road, Holland, Michigan 49423

Registration link: <https://www.eventbrite.com/e/child-and-adult-care-food-program-refresher-meal-pattern-training-tickets-55901632287>

Tuesday, September 24, 2019, St. Clair County Community College, 323 Erie Street, Port Huron, Michigan 48061

Registration link: <https://www.eventbrite.com/e/child-and-adult-care-food-program-refresher-meal-pattern-training-tickets-55913834785>

Utilize the NEW MDE CACFP Training Videos for Annual CACFP Staff Trainings

MDE announced the release of our first set of training videos in August 2018. Please utilize them in your annual and new employee staff trainings! You can access these colorful, fun, and informative videos on the [MDE CACFP YouTube site](#) and on the [MDE CACFP webpage](#) under the ***What's New, Training, and Resources*** headers. Remember to document any CACFP staff training with an agenda and sign-in sheet!

Child Nutrition Conference: April 23-25, 2019, Chicago, Illinois

The National CACFP Sponsors Association's 33rd annual conference is a three-day professional education event offering over 130 hours of presentations featuring topics including nutrition, program operations, administration, and financial management of CACFP and SFSP food programs, resources and technology, case studies, train the trainer sessions, and management solutions. For more information and to register, visit the conference [National CACFP Sponsor Association's web page](#).

Program Expansion Opportunities

Looking to Expand? Consider At-risk Afterschool Programs! Feed the Whole Child the Whole Year!

The At-Risk Afterschool Meals component of the CACFP offers Federal funding to Afterschool Programs that serve a meal or snack to children in low-income areas. Organizations may participate in the At-Risk Afterschool Meals component of CACFP either as an independent afterschool program or through a sponsor. To be eligible, you must meet State and/or local licensing or health and safety standards, and meet organizational and area eligibility requirements, and provide educational or enrichment activities that are open to all children in an organized, structured, and supervised environment. Think you qualify? Call us and find out! 517-241-5353!

Family Day Care Home Sponsor Expansion Opportunities in CACFP!

The MDE CACFP is looking for eligible organizations to provide oversight and guidance to family day care home providers by becoming a Family Day Care Home (FDCH) Sponsor. All family or group day care homes must come into the program under a sponsoring organization.

Financial assistance is available to a sponsoring organization for its administrative expenses associated with developing or expanding a food service program in family day care homes and initiating successful program operations. Contact the CACFP Office at 517-241-5353 with any questions.

Goal number 4 of Michigan's Top 10 in 10 is to reduce the effect of high-risk factors, provide useful/valuable tools to meet the needs of all students and to ensure that they have access to quality education. The goal of the CACFP is to improve and maintain the health and nutritional status of children in care while promoting the development of good eating habits. CACFP supports the whole-child approach to learning.

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