

Heads up Educators as we “Fall” into the Months of Autumn

Did You Know?

In 2007, emergency departments in the United States treated children under 14 for:

- 36,412 Football related brain injuries¹
- 119,005 Playground related brain injuries¹
- 17,108 Soccer related mild/traumatic brain injuries¹

What can we do as Educators?

- Teach prevention and safety by encouraging the usage of correct equipment and promoting good sportsmanship
- Actively supervise children on playgrounds
- Observe the age-appropriateness of playground equipment
- Recognize the signs of a mild brain injury (sports concussion) and observe guidelines recommended by CDC²

To find ideas, suggestions, and activities for brain injury prevention click [here](#). Interested in learning more about TBI and earning continuing education credits? Please visit the MDCH training website at www.mitbitraining.org

¹ www.brainandspinalcord.org

² <http://www.cdc.gov/concussion/HeadsUp/youth.html>

This e-mail is provided by the Michigan Traumatic Brain Injury Services & Prevention Council (SPC) and is supported in part by a grant from the Department of Health and Human Services (DHHS) Health Resources and Services Administration, Maternal and Child Health Bureau (Grant H21MC06747). The contents are the sole responsibility of the authors and do not necessarily represent the official view of DHHS. For further information regarding the TBI grant please visit <http://www.michigan.gov/tbi>