

Hawthorn Center – Department of Community Health Child/Adolescent Clinical Psychology Training Program (1373)

Dr. Victoria L. Petti, Director of Psychology Training.

The doctoral internship program is accredited by the American Psychological Association - 750 First Street, NE, Washington, DC 20002-4242 (800) 374-2721 or (202) 336-5500

Hawthorn Center

Internship in Clinical Psychology with Emphasis in Child-Adolescent Clinical Psychology

Training Goal and Objectives

The Clinical Psychology internship at Hawthorn Center emphasizes Child/Adolescent Clinical Psychology, and provides interns with a comprehensive, well-supervised clinical experience with children, adolescents and families. Interns are involved in inpatient and outpatient assessment and treatment, consultation, and seminars. Inpatient treatment involves long-term and short-term cases, along with milieu and inter-disciplinary team functioning. Consultation with hospital, school personnel and community mental health caseworkers is also an important component of the program. Opportunities for specialized assessments include differential diagnosis, autism spectrum disorder, and trauma evaluations. Outpatient rotation services provide an opportunity to conduct treatment and assessment with children and families in a community based setting. Treatment approaches include cognitive-behavioral, psychodynamic and play therapy, as well as parent child management training.

The goal of the pre-doctoral internship program at Hawthorn Center is to produce graduates who are skilled at managing complex and challenging patients and families, in a manner that honors best-practices models, within the institutions and systems that comprise the continuum of care. To this end, we strive to foster interns' growth in competence, compassion, integrity, and adherence to ethical standards; growth in their understanding of the developmental process in children, families, and themselves as clinicians-in-training; growth in their commitment to public service; and growth in their grasp of organizational issues in the mental health delivery system. The program's integrative training approach involves a recursive and seamless relationship between science and practice in which psychologists apply research to their ongoing clinical practices, and are alert to practice issues which present opportunities for generating new knowledge in the field.

Background

Hawthorn Center is a State of Michigan facility providing inpatient services to children and adolescents ages 5-17. The patient population is comprised of individuals from diverse ethnic and socioeconomic backgrounds. The hospital is accredited by The Joint Commission, and has offered training programs in psychology, psychiatry, social work, nursing and special education from its inception. The psychology internship has been accredited by the American Psychological Association (APA) since 1986. The treatment program uses an interdisciplinary team approach. Children at Hawthorn receive individual, group, and family therapy; occupational therapy, recreation therapy; and special education services in a comprehensive full-time, year-round on-grounds school. In addition to the major inpatient experience, interns will rotate through a community based outpatient clinic. Interns can also choose optional rotation experiences in Pediatric Psychology and/or Forensic Psychology. Each out-rotation has its own unique program description (and its own primary supervisor).

Program Rotation Requirements

Major Inpatient Rotation - Hawthorn Center (Northville Michigan)

- Child/adolescent publicly funded psychiatric hospital serving individuals and families who represent all socioeconomic, ethnic and racial groups in Michigan.
- Provides short-term and long-term inpatient care for patients, ages 5-17.
- Wide range of psychopathology.
- Major emphasis on psychological assessment, milieu, individual, group and family therapies.
- Full-time special education program.
- Interdisciplinary team approach.
- Interns who demonstrate advanced mastery of clinical skills at the end of their first eight months of training may apply to supervise pre-masters practicum students.

Outpatient Rotation – Children’s Center (Detroit Michigan)

- Interns spend approximately one half-day per week at Children’s Center and carry a caseload of approximately 4 clients.
- Outpatient community based program serving children, adolescents, and families.
- Variety of treatment approaches utilized, including individual, group, and family therapies.
- The Children’s Center, which is CARF-accredited, has a strong training mission in the context of the real demands of a Community Mental Health managed care setting.
- Treats children and adolescents with a wide range of diagnoses and treatment difficulties.
- Provides individual, group and family therapy, parent training, psychological assessments, school consultations, medication clinics, and diagnostic evaluations.

Note: Information about optional rotations at locations such as Children’s Hospital of Michigan and the Forensic Center are available upon request.

Processes

Direct clinical service will comprise approximately 60% of internship hours. The following processes will be utilized to attain the training program's goals and objectives:

1. Interns will conduct inpatient psychological evaluations with children aged 5-17. A variety of psychological instruments will be given, including intellectual, visual-motor, academic, personality and projective measures. Interns will create psychological evaluation reports for complex referral questions under the direct supervision of a training program psychologist.
2. Interns will have a psychotherapy caseload of both inpatients and outpatients. Interns will be exposed to the milieu, individual, group and family therapy modalities. Traditional office-based supervision will be conducted weekly, and supervisors will review and approve all therapy progress notes.
3. Interns will attend the following required seminars:
 - Advanced Child/Adolescent Seminar and Case Conference (i.e., Projective Assessment; Autism Spectrum Disorders; Play Therapy; Ethics; Professional Practice; Clinical Interviewing; Forensic Assessment; Custody Evaluation, etc.).
 - Journal Club
 - Major Conference and Diagnostic Case Conferences monthly as scheduled.
4. Interns will be expected to complete all documentation (psychology test reports, treatment plans, progress notes, intake reports, letters, and case summaries) in a timely fashion as mandated by agency or departmental policy.

5. Interns will maintain ongoing contact with the treatment team (psychiatrist, social worker, teacher, occupational therapist, child care and nursing staff, and CMH case manager) and attend all treatment team and school meetings pertaining to their patients. In addition to enhancing the quality of patient care, such involvement will serve to enhance the intern's consultation skills.
6. Interns will receive approximately four hours of supervision per week. At least 50% of this time will involve individual supervision with his/her primary psychology supervisor. Clinical group supervision of cases will take place in an interdisciplinary setting with clinicians. Milieu management issues related to inpatients will be supervised by the living area psychiatrist and/or designated fully licensed psychologist.
7. Mutual evaluation of the intern and training program will be conducted three times during the training year, in December, April, and August. Evaluations of interns by supervisors will include competency; interns' evaluations of the training program will include ratings of the program's success in teaching those competencies. The program utilizes these mutual evaluations to make both mid-course and long-term corrections in the training model.

Application Requirements

Prospective applicants should have completed 1500 hours (including direct contact, supervision and support) of supervised clinical experience and be familiar with the rudiments of patient contact, test administration, interviewing and psychotherapy. Interested applicants should complete and submit AAPI (APPIC application for Psychology Internship) online version. No written application materials should be sent. Applications should include the following: (1) a cover letter indicating your interest in the program; (2) a completed APPIC application, Forms; (3) graduate transcripts; (4) three letters of recommendation; (5) a psychological and/or neuropsychological testing report on a child/adolescent case; and (6) curriculum vitae. Please refer to the APPIC Directory for requirements for APA approval of your university's program. Students must have candidacy status in their graduate programs prior to beginning the internship. The program only accepts applications through the AAPI online system.

Internship Stipend, Hours, and Benefits

The Internship year (September 1 through August 31) stipend is approximately \$26,000. Health care insurance is not provided. Interns are required to purchase their own student liability insurance, which is available for a nominal fee through the American Psychological Association Insurance Trust.

The 2000-hour internship experience requires 50 weeks of full-time (40 hours per week) work, allows for vacation and/or sick days and holidays. Limited additional leave time (e.g., for conference attendance or dissertation work) is negotiated with the program director.

The internship requires a full-time commitment; as such, additional outside employment and/or course work are strongly discouraged, must be pre-approved by the program director, and will be permitted only under unusual circumstances. Given the nature of the internship structure, it will be necessary to have a vehicle for transportation between rotation sites.

Selection Process

Application deadline date is November 15.

Step One:

The internship selection committee will review all applications and will rate the applicants for interview. Those applicants who are eliminated from consideration at this step will be notified by e-mail and/or U.S. mail by December 15.

Step Two:

An orientation session, tour of internship site and interviews with faculty members and current interns will be arranged for selected applicants based on their rating. Applicants will receive instructions by e-mail and/or U.S. mail from the internship director regarding the interviews for the program. While telephone interviews can be arranged, face-to-face interviews are strongly preferred.

Step Three:

The internship program will rank-order applicants for acceptance following the interviews. The program will submit its rank ordered list to the National Match Service. The results of the PHASE I match will be posted by NMS on APPIC Match Day.

Interns must pass a criminal background check in accordance with Joint Commission accreditation standards. This background check will be conducted after the Match. Applicants who do not successfully pass this background check will be dismissed from the internship. In addition, interns are required to undergo an employment physical exam prior to the start of internship which will be arranged and paid for by Hawthorn Center.

The internship welcomes applications from under-represented groups and does not discriminate based on race, ethnicity, age, gender, national origin, or sexual orientation.

Complete and submit online AAPI application materials to:

Victoria L. Petti, Ph.D, L.P.
Director of Psychology Training
Hawthorn Center
18471 Haggerty Road
Northville, MI 48168
Phone: (248) 735-6718
Fax: (248) 349-9552
Program Match Number: 137311

* Every effort will be made to provide the training opportunities as described. Individual components may be subject to amendment based on changes in faculty or program resources.

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* Additional information including training staff descriptions and the program's terminal goals, objectives and competencies associated with these goals, are available by request.