



Senior Brigade



November is National Alzheimer's Disease Awareness Month. Alzheimer's Disease is the most common form of dementia that causes problems with memory, thinking, and behavior. Symptoms usually develop slowly and gradually worsen over time.



The National Alzheimer's Association reports that Alzheimer's is the sixth leading cause of death in the United States, and one in three seniors dies with Alzheimer's or Dementia. In Michigan, more than 180,000 seniors age sixty-five and older have Alzheimer's Disease. This number has increased six percent since 2000, and is expected to rise to nearly 200,000 by 2025.



Early diagnosis is *crucial*, and talking to your doctor is extremely important.

[Click here to learn more about Alzheimer's Disease.](#)



If you are a caregiver, get the emotional support you need. Check to see if there is a group close to you that fits your needs. [Click here to connect with others online.](#)

Source:
[Alzheimer's Association](#)



10 Warning Signs of Alzheimer's Disease

1. Memory loss that disrupts daily life
2. Challenges in planning or solving problems
3. Difficulty completing familiar tasks at home, at work, or for leisure
4. Confusion with time or place
5. Trouble understanding visual images or spatial relationships
6. New problems with words in speaking or writing
7. Misplacing things and losing the ability to retrace steps
8. Decreased or poor judgment
9. Withdrawal from work or social activities
10. Changes in mood or personality



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SENIOR SMILES



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Attorney General Bill Schuette and the Senior Brigade team salute the men and women who have served in our armed forces to defend our freedoms.

The Attorney General has a website specifically dedicated to helping veterans collect the benefits they have earned through their military services.

The web page identifies legal benefits and explains how veterans can exercise their rights.

[Click here to learn about the legal protections and rights available to military service members.](#)

[Click here for more information on Veteran's Affairs in Michigan.](#)

QUESTIONS ABOUT CHARITABLE DONATIONS?

Visit the Attorney General's Charitable Trust charity search website at www.michigan.gov/agcharitysearch.

For additional information, call: 517-373-1152



Open Enrollment

10/15/2013 - 12/7/2013

Medicare.gov

The Medicare open enrollment period has begun. It is the perfect time to [review and compare Medicare plans](#). You can join a plan anytime between October 15th and December 7th.

Call the Medicare/Medicaid Assistance Program (MMAP) toll-free at 800-803-7174 for help in choosing a plan.



MMAP is a **FREE** insurance counseling program for people who need help choosing, switching, or understanding their Medicare benefits and bills.

REMEMBER, Medicare health and prescription plans **CANNOT**:

- Enroll you in a plan without your permission.
- Tell you that a plan is "free."
- Sign you up for a plan unless you call them.
- Offer you gifts worth more than \$15.
- Call you unannounced, otherwise known as "cold calling."



The [Centers for Disease Control and Prevention](#) recommend that everyone six months and older get a flu vaccine.

[Click here to find a clinic near you!](#)



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