

# Attorney General Mike Cox's **Senior Brigade**

A MICHIGAN SENIORS INITIATIVE



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## **PARKS & REC**

### **New Passport Program**

The Recreation Passport is your \$10 ticket to Michigan's state parks and other outdoor adventures! Support state parks and local parks, forest pathways and green spaces for the future. Check "YES" when you renew your license plate after October 1, 2010. [www.michigan.gov/recreationpassport](http://www.michigan.gov/recreationpassport)



### **THINGS TO DO:**



#### **Lawnlympics**

If you enjoy horseshoes, bean bag toss or ladder golf, then test your toss with the Lawnlympics-Michigan's Backyard Throwdown! [Click here](#) for more information.

#### **Senior Olympics are Here!**

Cheer for the Senior Olympians at Michigan's Senior Olympics from July 7 to 21, 2010, in Rochester. For more information, call 248-608-0252 or visit [www.michiganseniorolympics.org](http://www.michiganseniorolympics.org).

#### **Plant a Tree**

Help earn trees for MI State Parks through the Odwalla Plant a Tree Program. Thanks to Odwalla, Michigan received over \$50,000 for trees in 2009. Help Michigan top that number this year. Please, vote now at [www.odwalla.com/plantatree/](http://www.odwalla.com/plantatree/).



## **July is National Parks and Recreation Month**

With 98 parks, playgrounds and recreation spots, Michigan has opportunities for all ages to enjoy the outdoors. Explore *biking, hiking, camping, swimming, boating, fishing, and simply exploring nature.*



### Summertime Fun with a Senior Focus

- Did you know that kayaking is the fastest growing recreational pursuit for people 50 and up? Check out the free "Intro to Kayaking" classes offered.
- If you want to enjoy a great book in the great outdoors, stop by your local library to "check out" a free pass valid for any Michigan state park or recreation area. Ask for the Park & Read program.
- Don't forget that seniors get a discount on motor vehicle permits at \$6 for the year.
- Are you a history buff? Step back in time to learn more about the way things were through re-enactments, hands-on activities, and tours. Your next history lesson could be your best vacation!

*Source: Michigan Department of Natural Resources and Environment*

## **Travelers Beware of Travel Scams!!!**

Free trip offers are often just a bait to lure consumers into memberships in expensive timeshares or travel clubs. If you receive an offer, proceed carefully!

Be a smart traveler when offered a free trip:

- Understand the offer before sending money.
- Know what's included—Hotels? Airfare? Taxes? Meals? Do you have to pay for upgrades?
- Know your cancellation rights. You have three business days to cancel a purchase for \$500 or more that was made at a sales presentation where a gift valued at more than \$25 was promised in exchange for your attendance.
- Always think twice before paying in advance.
- What happens if the travel club goes out of business?

As a general rule, research any travel service to make sure the company is established and reliable, before paying any costs or signing documents. [Click here](#) to keep reading.

To register for free onsite educational seminars, visit, e-mail or call:

\* \* \* [www.seniorbrigade.com](http://www.seniorbrigade.com) \* \* \* [miseniorbrigade@gmail.com](mailto:miseniorbrigade@gmail.com) \* \* \* 1-877-765-8388 \* \* \*